

# DRUG THERAPY CONFERENCE 2016

The Peter & Anna Zbeetnoff Memorial Drug Therapy Decision Making Conference

Friday, September 23, 2016 • TCU Place, Saskatoon, SK

Register online: [www.usask.ca/cmelearning](http://www.usask.ca/cmelearning)

## Conference Rates:

### **Discounted Rates until August 19, 2016**

\$400+GST Physicians

\$300+GST Other Health Professionals

### **Regular Rates - August 20, 2016 & beyond**

\$500+GST Physicians

\$400+GST Other Health Professionals

### **Full-Time Student / Resident or Health Sciences Student**

\$175+GST (Must be able to provide proof of current full-time student status)

## Session Topics Include:

- Prescribing Opioids Safely
- Polyparmacy and De-prescribing
- Sorting Through Research Claims
- New Developments in COPD Pharmacotherapy
- Numerous New Drug Updates

More sessions in development.

Watch for updates: [www.usask.ca/cmelearning](http://www.usask.ca/cmelearning)

Earn Continuing Professional Development credits & add to your professional portfolio.



Conference Info: Pam Seib  
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306.966-7787



UNIVERSITY OF SASKATCHEWAN  
College of Medicine

DIVISION OF CONTINUING MEDICAL EDUCATION  
[USASK.CA/CME](http://USASK.CA/CME)

# Conference Schedule

Friday, September 23, 2016 • TCU Place, Saskatoon

## Morning Sessions

0730	Registration / Breakfast	Gallery Lobby
0800	Welcome Remarks	Gallery AB
0815	<b>Plenary Sessions</b>	
P1	<b>Health Care Professional Collaboration &amp; Communication - Shelly Luhning and Jan Hiebert (SIMS)</b> <i>Participants will be able to:</i> <ul style="list-style-type: none"><li>• Apply techniques in giving and receiving feedback to improve interprofessional collaboration</li><li>• Access practical resources to assist in communicating effectively in health care teams</li><li>• Explain barriers to full interprofessional participation in health care teams</li></ul>	Gallery AB
0915	<b>P2 Pain Management: Prescribing Opioids Safely - Dr. Jaris Swidrovich</b> <i>Participants will be able to:</i> <ul style="list-style-type: none"><li>• Describe both the short and long-term efficacy and safety of opioids</li><li>• Apply clinical practice guidelines to conduct an opioid trial</li><li>• Summarize important steps in monitoring long-term opioid therapy</li></ul>	Gallery AB
1000	<b>Nutrition Break</b>	Gallery Suite 1
1015	<b>P3 Hypertension Update: Sprint or Marathon - Ann Thompson</b> <i>Participants will be able to:</i> <ul style="list-style-type: none"><li>• Discuss new Canadian recommendations for the measurement of BP to diagnose and monitor hypertension treatment</li><li>• Discuss the SPRINT trial results and how this may impact current Canadian BP thresholds and targets</li><li>• Analyze the results of SPRINT in the broader context of BP lowering literature</li><li>• Consider implications for practice, based on SPRINT findings</li></ul>	Gallery AB
1100	<b>Nutrition Break</b>	Gallery Suite 1
1115	<b>Concurrent Sessions (Choose one only)</b>	
C-1	<b>"Insulin: How, When and Where" – Dr. Tessa Laubscher</b> <i>Participants will be able to:</i> <ul style="list-style-type: none"><li>• Differentiate the action profiles of available insulin products</li><li>• Integrate the principles of dosing and combining insulins</li><li>• Provide practical tips to patients using insulin therapy</li><li>• Identify when insulin therapy may be the appropriate first or second line therapy in type 2 diabetes</li></ul>	Gallery A
C-2	<b>Non-hormonal Management of Menopause - Dr. Vicki Holmes</b> <i>Participants will be able to:</i> <ul style="list-style-type: none"><li>• Apply principles from the new Non-Hormonal Management of Menopause Guidelines to patient care</li></ul>	Gallery B

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## Morning Sessions

**C-3 “Citizen Health Information Portal (CHIP – eHealth)” – Michelle Mula and Susan Antosh** Gallery C

*Participants will be able to:*

- Prepare for the implementation of the citizen health information portal
- Discuss the advantages/challenges of patient-driven shared personal health records

**C-4 Medication Updates for the Treatment of Hyperlipidemia and Heart Failure - Zack Dumont** Gallery D

*Participants will be able to:*

- Determine when sacubitril and valsartan should be prescribed in heart failure therapy and when evolocumab is an option for hyperlipidemia

1200 **Lunch**

1245 **Concurrent Sessions (Choose one only)**

**C-5 “Insulin: How, When and Where” – Dr. Tessa Laubscher** Gallery A

*Participants will be able to:*

- Differentiate the action profiles of available insulin products,
- Integrate the principles of dosing and combining insulins,
- Provide practical tips to patients using insulin therapy
- Identify when insulin therapy may be the appropriate first or second line therapy in type 2 diabetes

**C-6 Effective Patient Communication - Shelly Luning and Jan Hiebert (SIMS)** Gallery B

*Participants will be able to:*

- Explain the difference between an “ask” versus a “tell” approach
- Apply a “coach approach” to create more effective patient conversations

**C-7 New Hepatitis C Antivirals - Dr. Kris Stewart** Gallery C  
**TBA**

**C-8 COPD Pharmacotherapy - Dr. Erika Penz - TBA (backup Alex Crawley)** Gallery D

*Participants will be able to:*

- Prescribe for COPD following a therapeutic laddering approach
- Describe the advantages/disadvantages of different COPD inhalers
- Teach patients how they are used

1330 **Relocation Break**

1345 **Concurrent Sessions (Choose one only)**

**C-9 “Cardiology – Anti-Platelet Therapy” – Dr. Collin Pearce - TBA** Gallery A

*Participants will be able to:*

- Understand when dual antiplatelet therapy is, and is not, appropriate
- Understand how to minimize side effects of dual antiplatelet therapy
- Understand the implications to practice of the DAPT trial

# Conference Schedule

## Friday, September 23, 2016 • TCU Place, Saskatoon Afternoon Sessions

1345	C-10	<b>“Assessment and Treatment of Male Hypogonadism” – Dr. Trustin Domes</b> <i>Participants will be able to:</i> <ul style="list-style-type: none"><li>• Discuss the four domains of male sexual function and dysfunction</li><li>• Review testosterone synthesis and metabolism</li><li>• Describe the investigations and management for patients with Testosterone Deficiency Syndrome, with reference to the new Canadian Guidelines</li></ul>	Gallery B
	C-11	<b>“Flozins, Head Lice and Drug Coverage in SK” – Alex Crawley and Corey Smith</b> <i>Participants will be able to:</i> <ul style="list-style-type: none"><li>• Describe the role in therapy of SGL2 inhibitors in diabetes</li><li>• Apply new evidence to the treatment of head lice</li><li>• Navigate Saskatchewan’s system of drug coverage</li></ul>	Gallery C
	C-12	<b>“Prescribing Antibiotics Appropriately” - Dr. Stephen Sanche or Justin Kosar</b> <i>Participants will be able to:</i> <ul style="list-style-type: none"><li>• Apply local antibiogram data to guide antibiotic prescribing decisions</li></ul>	Gallery D
1430		Nutrition Break	Gallery Suite 1
1445	P-4	<b>“Primary Care Bi-polar Management” - Dr. Meredith McKague and Dr. Heather Conacher - TBA</b> <i>Participants will be able to:</i> <ul style="list-style-type: none"><li>• Recognize symptoms of bipolar mania and bipolar depression</li><li>• Describe evidence-based pharmacotherapy for bipolar disorder</li></ul>	Gallery AB
1530	P-5	<b>“Baffled, Befuddled and Bemused: Where Critical Appraisal Meets Clinical Practice” - Adrienne Lindblad</b> <i>Participants will be able to:</i> <ul style="list-style-type: none"><li>• Discuss the practical use of numbers in randomized, controlled trials</li><li>• Examine how clinicians can look at evidence in their practice</li></ul>	Gallery AB
1615	P-6	<b>“Deprescribing - When More is not Better” – Erin Yakiwchuk</b> <i>Participants will be able to:</i> <ul style="list-style-type: none"><li>• Recognize polypharmacy and cascade prescribing</li><li>• Identify patients who would benefit from de-prescribing discuss when and how to de-prescribe some common medication</li><li>• Apply the principles of de-prescribing to geriatrics</li></ul>	Gallery AB
1700		Closing Remarks and Adjournment	

# Study Credits

## **The College of Family Physicians of Canada**

Mainpro (Maintenance of Proficiency) is the College of Family Physicians of Canada (CFPC) program designed to support and promote continuing professional development for family physicians. Physicians participating in Mainpro demonstrate a commitment to lifelong learning through completion and documentation of personal CPD. Drug Therapy 2016 has been accredited by the Division of Continuing Medical Education, College of Medicine, University of Saskatchewan, for up to 9.5 Mainpro-M1 credit hours.

## **The Royal College of Physicians and Surgeons of Canada**

Drug Therapy 2016 is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification (MOC) program of the Royal College of Physicians and Surgeons of Canada and accredited by the Division of Continuing Medical Education, College of Medicine, University of Saskatchewan, for up to 9.5 MOC 'Section 1' credit hours.

## **Pharmacists**

Accreditation by the College of Pharmacy and Nutrition is in progress to facilitate earning CEU's as per the CPDP Program.

## **American Medical Association**

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits. Information on the process to convert Royal College MOC credit to AMA credit can be found at [www.ama-assn.org/go/internationalcme](http://www.ama-assn.org/go/internationalcme).

## **Other Healthcare Professionals**

Participation in this conference may be included as part of the continuing education and competence programs established by individual professional associations.

# Conference Registration • [www.usask.ca/cme/](http://www.usask.ca/cme/)

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\$400.00 plus GST Physicians

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\$400.00 plus GST Other Health Professionals

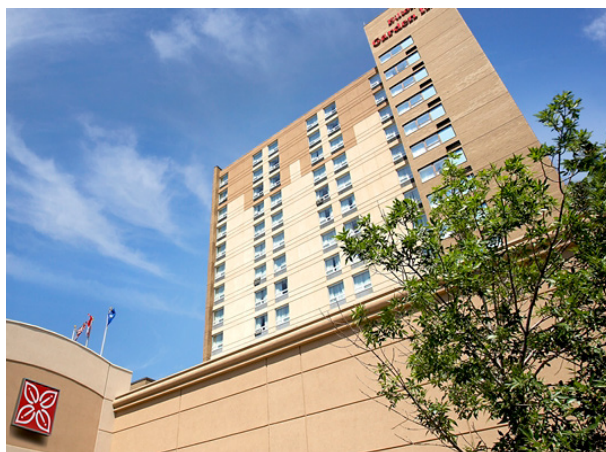
### **Full-Time Medical Student / Resident or Health Sciences Student**

\$175.00 plus GST (Must be able to provide proof of current full-time student status.)

## Hotel Accommodations

### *TCU Place, Saskatoon*

A limited number of rooms have been reserved at both the Hilton Garden Inn and Delta Bessborough for conference delegates. To ensure your reservation, please book early as rooms are limited.



*Hilton Garden Inn*

### **Hilton Garden Inn – 90 22nd Street East**

Please book directly with the Hotel at 306-244-2311 or 1-877-STAY-HGI and reference “Drug Therapy Conference” to receive the conference rate of \$149 plus tax for two queen beds. Conference rates are available until Tuesday, August 23, 2016.

### **RESERVE YOUR HOTEL ROOM**



*Delta Bessborough*

### **Delta Bessborough – 601 Spadina Crescent East**

Please book directly with Marriott reservations at 1-888-890-3222 or (306) 244-5521 and reference “Drug Therapy Conference” to receive the conference rate of \$155 plus tax per night for a standard guest room (single or double occupancy). Conference rates are available until Thursday, September 1, 2016.

### **RESERVE YOUR HOTEL ROOM**