

Sustainability

Defined as :

“development that meets the needs of the present without compromising the ability of future generations to meet their own needs.”

www.sustainabilitydictionary.com



Fair Trade

Defined as :

“A movement which strives for the fair treatment of farmers. In a fair trade agreement, farmers, who in other situations may be more susceptible to the will of the purchaser, will negotiate with the purchaser to receive a fair price for their products.”

www.businessdictionary.com/definiyion/fair-trade.html

Food Services

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The content of this pamphlet has been approved by a Registered Dietitian.
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Marquis Hall Food Focus



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Why is Sustainability important?

- Mass food production has negative effects on the environment and contributes to global warming
- Local farms produce less waste and operate in a responsible manner
- Purchasing sustainable food reduces the individual impact that you have on the earth



Why is Fair Trade Important?

- Fair trade allows the farmer to pay his worker an appropriate wage and still earn enough to support himself and his family
- It helps to reduce the incidence of poverty on a global level

What is Food Services Doing?

Cage Free Eggs from Saskatchewan



Saskatchewan Grown Beef from Benlock Farms in Grandora, SK.



Saskatchewan Grown Grains from Willow Creek Organic Grain Co. in Watson, SK.



Sustainable Seafood in accordance with the Monterey Bay Aquarium's Seafood Watch guidelines



Tray-less Dining to help limit the water, energy and chemicals used .



Fair Trade Coffee available daily.



Supporting Local Businesses such as Prairie Meats.

Highlight: 5 Steps That You Can Take to Make a Difference



1. When given the option between a fair trade or local product and a product that has been mass produced choose fair trade or local.
2. Try going without meat one day each week. Production of meat on a large scale is damaging to the environment.
3. Shop locally at farmers markets or food co-ops.
4. Read labels to ensure you know where your food is coming from.
5. Support the protection of local and global farmers.



★ Remember ★

It is your social responsibility to help take care of the community that you live in, both in a local and global sense.