

This project has been made possible through a grant from the Canadian Breast Cancer Foundation – Prairies/NWT Region.



Lymphedema Management Symposium

April 19 & 20, 2012

Regina, Saskatchewan
Ramada Hotel & Conference Centre

Conference Program

*Hosted by
Lymphedema Association of Saskatchewan Inc.
in Collaboration with
Continuing Physical Therapy Education, University of Saskatchewan
and
Regina Qu'Appelle Health Region*



CONFERENCE OVERVIEW

Program Description

The conference will provide an evidence-based update on management of all types of Lymphedema, and promote interprofessional treatment of lymphedema in Saskatchewan that is consistent and based on best-practice guidelines. The format will include plenary sessions, interactive small group workshops, and interprofessional case discussions.

Who Should Attend

The target audience for the conference is: Physical Therapists, Physicians, Occupational Therapists, Nurses, Nurse Practitioners, Massage Therapists, Kinesiologists, Podiatrists, students in these disciplines, other interested health professionals, policy makers and program planners.

What You Will Learn

After attendance at this conference participants will be able to:

- *Describe and implement the best practice guidelines for treatment of all types of lymphedema, regardless of cause.*
- *Facilitate compression management strategies across Saskatchewan, consistent with best evidence.*
- *Outline treatment-planning principles for lymphedema management that are consistent across the province to mitigate the consequences of lymphedema.*
- *Facilitate lymphedema management program planning to ensure maximum benefit for patients with lymphedema in Saskatchewan, including development of a provincial provider list.*

KEYNOTE SPEAKERS

Andrea Cheville, MD, MSCE is an Associate Professor of Physical Medicine and Rehabilitation at the Mayo Clinic in Rochester, MN. After attending Harvard Medical School, Dr. Cheville pursued her interest in Cancer Rehabilitation through residency at the Kessler Rehabilitation Institutes and fellowship at Memorial Sloan Kettering Cancer Center. Dr. Cheville's training emphasized lymphedema management, symptom control, and functional preservation. In 1999 Dr. Cheville accepted the University of Pennsylvania Health System's invitation to develop a Cancer Rehabilitation and Lymphedema Program. During the seven years of her directorship, the program expanded dramatically in clinical and research prominence to become one of the most recognized in the country. Dr. Cheville moved to the Mayo Clinic in 2006 to pursue her research in breast cancer-related lymphedema which focuses on protecting the lymphatic system during primary breast cancer treatment and enhancing its innate capacity to heal. Dr. Cheville has written and lectured extensively on these topics, as well as lymphedema staging and clinical management. Her research is currently funded through the Department of Defense and National Institutes of Health.

Janet McFarland, BScPT, CDT graduated with a BSc PT from the University of Toronto in 1979. She completed her initial CDT training in 1990 in Austria. Currently she co-directs two physiotherapy clinics

with Sharon Langfield, Toronto Lymphocare Centre and Cookstown Centre for Wellness, and teaches Integrated Lymph Drainage and CDT in Toronto, Canada. Jan McFarland has a passion for focusing on the whole person within health care models whether presenting at conferences, teaching students or working with clients. Integrated Lymph Drainage – their Canadian based training, integrates new science from various disciplines, within a comprehensive Combined Decongestive Therapy (CDT) framework. Jan is an Advisory Board Member with the Canadian Lymphedema Framework.

Dorit Tidhar, MScPT, is a physiotherapist who was trained in lymphedema therapy by Prof. Judith Casley-Smith in 1999 and was certified by her as a teacher in Self Management and Exercise for Lymphedema in 2003. She designed the program Aqua Lymphatic Therapy – Tidhar Method to help people who suffer from lymphedema maintain and improve the results of conventional treatment and conducted a randomized controlled trial as part of her Master's degree in Tel Aviv university in Israel, to examine this method. She has published 5 articles in scientific journals. Dorit is now working at the McGill University Health Centre's Lymphedema Clinic in Montreal as a clinician and an instructor and is coordinating the educational program for lymphedema therapists, physiotherapists and nurses in various subjects related to lymphedema.

INVITED SPEAKERS

Asim Amjad, MD, RO is a Radiation Oncologist and an Assistant Professor for the College of Medicine, University of Saskatchewan. He trained in Ireland and the United Kingdom. He has been working with the Saskatchewan Cancer Agency since 2008 and has a special interest in breast, prostate and cervix cancer. He is currently the Provincial Lead Oncologist for breast cancer.

Axel Rohrmann, BSc, Pod Born and raised in South Africa, Dr. Axel Rohrmann completed his studies in Podiatric Medicine through the University of Witwatersrand in Johannesburg. In the summer of 2007, he arrived in Canada and immediately started work with the Regina Qu'Appelle Health Region Podiatry program, for which he was the Clinical Head Podiatrist. During his time with the RQHR, he established a High Risk Foot Clinic with a focus on wound care, limb salvage and amputation prevention. Dr. Rohrmann is actively involved in research and education and also holds the position of Vice President of the Saskatchewan College of Podiatrists. He serves on various provincial and national boards, committees, and advisory panels to promote best practices in podiatry and is a co-author for the Clinical Practice Guidelines for Diabetes 2013 release. Dr. Rohrmann currently works with the Midway Healthcare Centre in Regina and has a passion for foot health with special interests in wound care, limb salvage, diabetic feet and foot biomechanics.

Mino Deiana, BSc, Podiatrist Originally from Regina, Dr. Deiana attended the University of Regina where he obtained his Bachelor of Science degree. In 1994 he graduated from the University College Salford in Manchester, England, with his Bachelor of Science in Podiatric Medicine. Dr. Deiana was employed by the Moose Jaw Thunder Creek Health Region from 1995-1998. Since then he has been running his own successful practice at the Regina Family Foot Clinic. In 2005 Dr. Deiana decided to expand his practice by joining the team of professionals at the Allied Health Centre. He also serves as Registrar for the Saskatchewan College of Podiatrists.

Pam Fichtner, RMT/CDT was trained in Manual Lymph Drainage with the Dr. Vodder School and has her first two levels of Lymphatic Drainage with the Chikly Institute. She has been practising as a massage therapist since 1998. She supports people holistically and has worked extensively with breast cancer patients. She teaches Breast Massage and complementary health workshops throughout Canada. She has her BA in Sociology and is continually taking training in other modalities. She is involved in a variety of research projects at the University of Saskatchewan including the ethnodrama lymphedema project and creative practices for people with cancer.

Planning Committee

Chair: Stacey Lovo Grona, *MSc, BScPT*; Program Director, Continuing Physical Therapy Education (CPTe)
Peggy Bacon, *BScPT*, Therapies Educator, Regina Qu'Appelle Health Region (RQHR)
Tracy Gardikiotis, *BScPT, CDT*; Regina Qu'Appelle Health Region (RQHR, LAS)
Julie Jensen, *BScPT, CDT*; Saskatoon Health Region (SHR)
Sylvia Krueger, *RMT, CDT*; Lymphedema Association of Saskatchewan (LAS)
Barb Lauterbach, *RN*, Lymphedema Association of Saskatchewan (LAS)
Eunice Mooney, *RMT, CDT*; Lymphedema Association of Saskatchewan (LAS)
Pat Tremaine, Course Coordinator, Continuing Physical Therapy Education (CPTe)

*CDT – Combined Decongestive Therapist

Tracy Gardikiotis, BScPT, CLT-UE, CCES is a physical therapist who graduated from the University of Saskatchewan in 1998 with a BScPT. She has worked in the areas of inpatient orthopedics and medicine, and outpatient orthopedics and lymphedema management at the Plains and Pasqua Hospitals in Regina, SK. Tracy has been the senior therapist on the lymphedema service at Pasqua Hospital in Regina since 2005 where she specializes in upper extremity/breast cancer related lymphedema. She has completed extensive post graduate training in breast cancer rehabilitation and lymphedema management including: certified fitter for JOBST, JUZO, VALCO and PENNISULA MEDICAL products, Certified Lymphedema Therapist (CDT/MLD) by Klose Training and Consulting in 2010, Certified Cancer Exercise Specialist by The University of Northern Colorado Rocky Mountain Cancer Institute in 2010. She is a committee member of the Lymphedema Association of Saskatchewan Inc. (LAS) and The Saskatchewan Breast Cancer Network (SBCN)

Gary Groot, MD, PhD, FRCS(C) is a General Surgical Oncologist and Clinical Professor of Surgery for the College of Medicine, University of Saskatchewan where he serves as Director of Surgical Oncology and Director of Research and Graduate Studies. Having obtained his MD and FRCS(C) from the University of Saskatchewan he completed his fellowship in surgical oncology at the University of Manitoba before returning to Saskatoon in 1991, where he has practiced since. In addition to a stint as Head of the Saskatoon Health Region's Department of Surgery he has served on various local, provincial and national committees along the way. Throughout his career he has maintained a special interest in the management of breast, melanoma and head and neck oncology. Most recently he has taken on a research interest that prompted him to complete his PhD last year and become involved with the Saskatchewan Surgical Initiative's work on variation and appropriateness in surgical practice.

Barb Lauterbach, RN is a nurse of 32 years with a varied background in acute care, most recently in a management position on a Medical-Palliative unit. She has been off work for medical reasons since late 2009. In 2010 she was diagnosed with Primary Lymphedema.

Elizabeth Quinlan, PhD researches and teaches in the Department of Sociology, University of Saskatchewan. Her areas of interest include breast cancer survivorship, caring labour, work organization, and research methods. With Dr. Roanne Thomas, Quinlan leads a CIHR-funded research project on arm morbidity among breast cancer survivors.

Hotel Information

The **Ramada Hotel & Conference Centre** is located at 1818 Victoria Avenue, Regina, Saskatchewan. The Ramada is in the downtown area and within easy walking distance of a multitude of attractions. The Symposium, along with a Public Forum, the Saskatchewan Lymphedema Association Annual General Meeting, and the Saskatchewan Physiotherapy Association Annual General Meeting will be held at the Ramada Hotel & Conference Centre.

RESERVATIONS

Reservations can be made by calling toll-free **1-800-667-6500** or locally **(306) 569-1666**. Callers must mention the group name **Lymphedema Symposium** to ensure they receive the appropriate rate and are included in the guest room block.

Room rates are **\$122/night** for a standard room with one or two queen beds or **\$142/night** for a business class room with one queen bed plus applicable taxes. Rates are in Canadian funds. Currently room rates are subject to the following taxes: 1) Provincial Sales Tax: 5%; 2) Goods & Services Tax: 5%; and 3) Destination Marketing Fee 3%.

RESERVATION CUTOFF DATE - The cutoff date for the block of rooms is **March 18, 2012**.

General Information

Credit Information

This conference information may be useful for health professional Continuing Competency Portfolios or for continuing education credits. Please contact your regulatory body directly to determine applicability for continuing education credits.

Approved by the **Massage Therapy Association of Saskatchewan** (MTAS) for the following credits:

Lymphedema Management Symposium: 14 primary credits

Public Forum: 2 primary credits

Compression Management Workshop: 3 primary credits

Lymphedema Association of Saskatchewan Annual General Meeting & Education Day: 4 primary credits

Approved for 10 credits by the **Saskatchewan College of Podiatrists**.

Eligible for the PEARLS program through the **College of Family Physicians of Canada** for 3 credit hours.

Contact the CFPC or visit their website at www.cfpc.ca for more information.

Photographs and Video:

Photographs or video are routinely taken of participants for advertisement and other purposes. By registering for the conference, you hereby grant the committee permission to utilize photos of you taken at the conference for advertising purposes.

**Audio and video recording or photographing of sessions by participants is prohibited.*

Scent Free Conference:

Due to the health concerns arising from exposure to scented products, we have instituted a policy to provide a scent-free environment for all participants. Scented products such as hair spray, perfume, and certain deodorants can trigger reactions such as respiratory distress and headaches. We kindly ask you to consider others and not use these products during the conference. Thank you.

Room Temperature:

We would like to remind all participants that the room temperature may vary from time to time. While we will try our best to accommodate everyone, we cannot control these variants. Please dress in layers.

Payment:

The University of Saskatchewan accepts cheques, Visa and Mastercard only. Indicate registrant's name, card type, account number, expiry date and name on card. Confirmation of registration will be sent by e-mail upon receipt of payment.

**The conference organizers are unable to assume risk or responsibility for the registrant's time or expenses should an act of God, government action, aviation disruption, disaster, weather or other force beyond the control of the conference organizing committee make it inadvisable or impossible to conduct this event.*

CONFERENCE PROGRAM: Thursday, April 19, 2012

Canadian North/Centre Ballroom, Ramada Hotel & Conference Centre, Regina, Saskatchewan

Chairperson: J. Jensen

- 7:45am Registration & Continental Breakfast
- 8:15am **Welcome & Introductions** **J. Jensen & S. Lovo Grona**
Welcoming Remarks – Canadian Breast Cancer Foundation
Welcoming Remarks – Regina Qu'Appelle Health Region
Welcoming Remarks – Ministry of Health
- 8:30am **An Overview of Lymphedema** **T. Gardikiotis**
This session will provide participants with a basic understanding of lymphedema to help recognize signs and symptoms and identify stages of lymphedema to help facilitate early diagnosis of secondary lymphedema.
Learning objectives
1. Understand the Anatomy and Physiology of The Lymphatic System
2. Understand Types, Etiology and Stages of Lymphedema
3. Identify Complications of Lymphedema
- 9:30am **Overview of Lymphedema Treatment** **T. Gardikiotis**
This session will identify and describe the components of a lymphedema treatment program as based on best practice guidelines.
Learning Objectives
1. Understand the principles and components of Complex Decongestive Therapy (CDT) including manual lymphatic therapy (MLD), compression bandaging and garments, skin care, exercise and patient education.
2. Identify treatment goals for the different stages of lymphedema.
- 10:20am **Questions and Discussion** – T. Gardikiotis
- 10:30am Refreshment Break & Displays
- 11:00am **Best Practice Guidelines – Turning Research into Practice** **A. Cheville**
This presentation will provide an overview of the current international standard for lymphedema management, Complete Decongestive Therapy (CDT), as well as adjunct management strategies. Emphasis will be place on the quality and extent of supportive evidence.
Learning Objectives: Following this presentation, attendees will be able to:
1. Describe the evidence base for the essential components of Phase I CDT.
2. List adjunctive devices utilized for nocturnal compression.
- 12:00pm **Questions and Discussion** – A. Cheville
- 12:15pm Lunch and Displays
- Chairperson: E. Mooney
- 1:15pm **Breast Cancer Treatment in Saskatchewan** **A. Amjad, G. Groot**
This session will describe current surgical and radiation treatment practices in Saskatchewan.
Learning Objectives
1. Describe the surgical management of breast cancer with emphasis on sentinal node biopsy and axillary dissection.
2. Describe radiation treatment for breast cancer and its impact on the lymphatic system.
- 2:00pm **Questions and Discussion** – A. Amjad

Thursday, April 19, 2012, cont'd

- 2:10pm **Lessons from Lymphedema Management in Breast Cancer** **A. Cheville**
This presentation will describe how research conducted among study populations with breast cancer-related lymphedema has enhanced our understanding of the factors that initiate and sustain lymphedema and how these may be mitigated.
Learning Objectives: Following this presentation, attendees will be able to:
1. Identify risk factors that increase patients' risk of developing lymphedema after lymph node removal.
2. Outline strategies to enhance post-surgical lymphatic healing.
- 3:10pm **Questions and Discussion** – A. Cheville
- 3:20 Refreshment Break/Displays
- 3:40pm **Lymphedema and Health Care: System Challenges – A Patient's Perspective**.....**B. Lauterbach**
This session will provide a first hand account of the challenges associated with diagnosis and treatment of lymphedema, ongoing treatment – when does it end, and dealing with a chronic condition.
Learning Objectives
1. How to approach healthcare professionals to have questions answered
2. How to access treatment
3. Where to go for relevant health information on lymphedema diagnosis and treatment
4. Where to find support for those affected by lymphedema
- 4:10pm **Understanding the Importance of Compression Management**..... **D. Tidhar**
This lecture will present an introduction to compression bandaging as part of lymphedema therapy and as the major contributor to the success of therapy; the evidence of the importance of bandaging in the intensive phase and in the maintenance phase; the reality of adherence; teaching self-bandaging advantages and disadvantages; and (at the end,) the process of measuring as part of decision making in compression therapy.
Learning Objectives: The audience will
1. Understand the importance and the principles of compression bandaging
2. Be able to seek the right process of treatment according to objective feedback in compression therapy
- 5:00pm **Questions and Discussion** – B Lauterbach & D Tidhar
- 5:10pm Wrap up for day, Announcements
- 5:15-5:20pm Adjourn

Reception, Thursday, April 19, 2012

5:30-7:00pm

Canadian South Ballroom – in the display area

Hosted by Lymphedema Association of Saskatchewan

Open to all registrants and displayers and Public Forum attendees

Public Forum, Thursday, April 19, 2012

7:00-9:00pm

Canadian North/Centre Ballroom

No charge for Symposium registrants. \$10 charge for all others, to be paid at the door.

Public Forum open to individuals with lymphedema and other interested persons.

- 7:00pm **Innovations in Lymphedema Management: When does newer mean better?** **A. Cheville**
This presentation will describe recent innovations in conventional lymphedema management and examine the extent to which they improve outcomes and reduce maintenance burden.
Learning Objectives: Following this presentation, attendees will be able to:
1. Describe how taping may be integrated into Phase I and II CDT.
2. Summarize the evidence for microsurgical lymph node transplantation
- 8:30pm **Questions & Discussion**

CONFERENCE PROGRAM: Friday, April 20, 2012

Canadian North/Centre Ballroom

Chairperson: P. Bacon

- 7:00am **Networking Breakfast** (*Tables set up with various topics of interest, people sit at table with topic of interest to them*)
- 7:50am **Morning Announcements**
- 7:55am **Registrants move to interactive Breakout Sessions – Rooms for each breakout will be confirmed at the Symposium**
- 8:00am **Small Group Interactive Breakout Sessions**
- Lymphedema and the Feet** **A. Rohrmann & M. Deiana**
In the general Population the feet are one of the most relied upon parts of the body, unfortunately they are also one of the most neglected. Conditions that affect the feet such as Lymphedema carry increased risks that patients and care givers need to be aware of. Proper foot care and footwear are essential, as is education on caring for the feet.
Learning objectives:
 - Understanding the foot: Introduction of basic foot anatomy, increase foot awareness through interesting facts.
 - Foot Risks in Lymphedema: Covering the most pertinent effects of Lymphedema in the feet and the importance of prevention.
 - Foot Care: How to care for the feet routinely, Do's and Dont's, Footwear.
 - Mixed Etiology Edema –** **A. Cheville**
This session will provide an overview of local and systemic factors that can aggravate lymphedema. Since many of these may be remediable, screening for such factors should be an integral part of lymphedema clinical evaluations.
Learning objectives: Following this session participants will be able to:
 - Describe physical examination maneuvers and serologies to screen for solid organ dysfunction as a source of edema
 - List medications that can cause swelling
 - Outline factors that increase blood capillary ultrafiltration leading to localized edema
 - Empowering the Individual with Lymphedema – How We Educate Makes All the Difference**..... **J. McFarland**
Managing lymphedema requires solutions that involve more than purely physical strategies and management techniques. This workshop will explore various strategies for sharing essential lymphedema information in an empowering framework. We will explore how to educate our clients in ways that support curiosity, creativity and personal wisdom in order to manage their lymphedema while living fully.
Learning Objectives:
 - This session will use a Solution Focused approach to explore various strategies using the strength and expertise of both the therapist and the client.
 - Various ways to build an awareness information feedback loop for ongoing effective lymphedema management will be presented.
 - Participants will leave with skills and models that they can immediately apply in the clinical setting.
 - Psychosocial Issues for Breast Cancer Survivors with Lymphedema**
..... **P. Fichtner, E. Quinlan**
Lymphedema can have devastating effects on breast cancer survivors' work, leisure and intimate relationships. "We've been mutilated. Lymphedema is the cruel joke at the end of all this treatment. It's permanent and a constant reminder that, yes we've had breast cancer."

Friday, April 20, 2012, cont'd

As these words, spoken by participants of our CIHR-funded survivorship research, indicate the physical impacts of breast cancer surgery, such as lymphedema, also carry the freight of psychological wounds. This session describes the findings from our national research project that uses theatrical performances concerning the psychosocial effects of lymphedema to reach audiences of providers and survivors in 4 Canadian cities. Suggested approaches to deal with these psychosocial issues will be offered by one of the research team's clinicians, Pam Fichtner.

Learning objectives:

- a. To understand the psychosocial impacts of lymphedema on breast cancer survivors
- b. To share clinical experiences of working with lymphedema patients
- c.. To understand the urgency for expanded rehabilitation options for breast cancer survivors with lymphedema

9:00am Refreshment Break/Displays

9:20am Repeat of Interactive Breakout Sessions

1. **Foot Care** –A. Rohrmann & M. Deiana
2. **Lymphedema – Differential Diagnosis and Mixed Etiology Edema** –A. Cheville
3. **Empowering the Individual with Lymphedema – How We Educate Makes All the Difference**..... J. McFarland
4. **Psychosocial Issues for Breast Cancer Survivors with Lymphedema**..... P. Fichtner, E. Quinlan

10:20am **Registrants move to Plenary Session**

10:30am **An Evidence Based Approach Working with the Whole Person, to Achieve Best Outcomes for All** **J. McFarland**

The “art of our practice” brings the most creative and empowering results for the Lymphedema client *and* for the CDT therapist and health care team. This talk will explore new models of working with the whole person, weaving new science, client cases, with therapist strategies and art into an interconnected view of healing, health and balance for the Lymphedema client and ourselves as healthcare professionals caring for this community.

Learning Objectives:

1. New models of the therapeutic relationship will be explored through art, practical application and case studies.
2. New science from the fields of positive psychology, sociology, neuro-anatomy, & psycho-neuro-immunology will be presented and applied to working with the whole person for best outcomes

11:15am **Lunch & Displays**

12:00pm **Lymphedema Ethnodrama performance**

The theatrical presentation (ethnodrama) captures the experiences of breast cancer survivors (n=7) dealing with lymphedema. The ethnodrama is produced from a national study on arm disability among survivors conducted by a multi-disciplinary research team and features the study's participants.

12:30pm **A Lymphedema Management Strategy for Saskatchewan**..... **T. Gardikiotis & TBA**
This session will review current management of lymphedema in Saskatchewan.

Learning Objectives

1. Identify and describe the current treatment programs for lymphedema throughout the various health regions in Saskatchewan.
2. Identify a complete resource list of lymphedema treatment providers in Saskatchewan
3. Understand and review current SAIL policies for compression treatments including compression bandaging, garments, and pumps.

2:30pm **Wrap-up – Review of Key Messages from Conference** **B. Lauterbach**

3:00pm Adjourn Conference

ASSOCIATED PROGRAMMING: Friday, April 20, 2012

Please note that Associated Programming requires separate registration.

Compression Management Workshop Maple Room

3:15-7:30pm, Friday, April 20, 2012 (max number of registrants – 30). Light supper provided.

Cost: \$50 & GST

Target Audience: Health professionals involved in the prescription and application of compression for lymphedema.

Speaker: D. Tidhar

See the separate registration form for the Compression Management Workshop at the back of this brochure to register for this event in addition to the conference. Registration forms for this workshop can also be downloaded from www.usask.ca/cpte.

Description:

This workshop will discuss in depth ways to achieve compression gradient; how to apply a safe compression system and how to deal with specific problems (swelling of the hand, swelling of fingers, pain in the wrist, redness and tightness over the elbow etc.); how much reduction to expect; when to measure for a garment and how to evaluate whether the garment is a good fit. The practical session will give tools for applying a safe compression system and dealing with different situations according to objective measurements.

Learning Objectives:

The therapists will

- Learn of how to use the Laplace Law in the application of a safe compression system
- Understand how to change the bandaging according to objective feedback
- Practice one set of bandaging (leg& arm) and be able to determine the amount of compression that is applied.

Lymphedema Association of Saskatchewan (LAS)* Annual General Meeting & Education Day Poplar Room

** formerly known as the Saskatchewan Lymphovenous Learning Association*

There is no charge to attend the LAS AGM. Contact the Lymphedema Association of Saskatchewan at sasklymph@yahoo.ca to register for this event. The AGM & Education Session is open to individuals with lymphedema and other interested persons.

Friday, April 20, 2012

7:30am Breakfast

8:00am LAS Annual General Meeting

10:00am **Exercise and Self-Management for Lymphedema** D. Tidhar

This education session will include a lecture and practical session. The lecture will focus on exercises and self-management for lymphedema with a short presentation on Aqua Lymphatic Therapy. The practical session will give tools for active lymphatic self-massage with and without the use of a towel.

Learning Objectives: The participants will:

- Understand the difference between exercises with lymphedema and exercise for lymphedema
- Get a glimpse to the world of Aqua Lymphatic Therapy
- Be able to perform active lymphatic self-massage

11:30 Lunch

Saskatchewan Physiotherapy Association (SPA) Annual General Meeting Canadian North Ballroom

Open to Physical Therapists and their guests. Contact the Saskatchewan Physiotherapy Association at (306) 955-7265 or email info@saskphysio.org to register for this event.

Friday, April 20, 2012

6:00-8:00pm – AGM

8:00-9:00pm – SPA Awards Presentation and Reception

ACKNOWLEDGEMENTS

This project has been made possible through a grant from the Canadian Breast Cancer Foundation – Prairies/NWT Region.



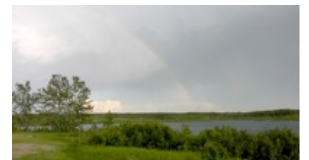
Educational grants from the following are gratefully acknowledged:

SILVER



Other Exhibitors/Contributors

Lymphedema Association
of Saskatchewan Inc.



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REGISTRATION FORM

Lymphedema Management Symposium

April 19 & 20, 2012 – Ramada Hotel & Conference Centre, Regina, Saskatchewan

Please indicate:

- Massage Therapist
- Occupational Therapist
- Nurse
- Nurse Practitioner
- Physical Therapist
- Physician
- Podiatrist
- Other (please specify) _____

PLEASE PRINT:

Dr. Mr. Ms. First Name _____ Last Name: _____

Mailing Address: _____

City: _____ Prov: _____ Postal Code: _____

Telephone: _____ Fax: _____

Email Address REQUIRED: _____

I plan to attend the Public Forum on Thursday evening, April 19, 2012 (no additional charge to attend)

Select your Conference Breakout Sessions for Friday, April 20, 2012.

Participants are able to attend 2 of the 4 breakout sessions.

Please indicate your first and second choices, using a 1 or a 2 in the check boxes.

- Foot Care** – A. Rohrmann & M. Deiana
- Mixed Etiology Edema** – A. Cheville
- Empowering the Individual with Lymphedema – How We Educate Makes All the Difference**– J. McFarland
- Psychosocial Issues** – P. Fichtner & E. Quinlan

FEES

Early: Before March 22, 2012

Late: After March 22, 2011

Full Conference, health professionals & students	\$105.00	\$131.25
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Fees include 5% GST.

Registration will **NOT** be processed until payment is received.

Final Registration Deadline: Registrations will be accepted until April 5, 2012.

Method of Payment: Cheque Visa Mastercard Card No: _____

Expiry date: _____ Name on card: _____

Authorizing signature: _____
(Cheques made payable to University of Saskatchewan – CPTe.)

FAX or mail registration and payment to:

Lymphedema Management Symposium
Continuing Physical Therapy Education
University of Saskatchewan
116 – 1121 College Drive
Saskatoon, SK S7N 0W3

Fax: (306) 966-1986
Ph: (306) 966-2043
Email: pat.tremaine@usask.ca

CANCELLATION & REFUND POLICY

Cancellations must be received in writing by **March 31, 2012**, and will be subject to a \$75 administration fee. **Refunds will not be considered on or after March 31, 2012.** The conference organizers reserve the right to cancel or postpone the conference due to insufficient registration or circumstances beyond our control. This conference may be cancelled 20 days prior to the conference start date. Each registrant will be notified by email with full refund to follow. The conference organizers are not responsible for any other costs including, but not limited to airline or hotel penalties.

REGISTRATION FORM:

Compression Management Workshop

Friday, April 20, 2012

3:15-7:30pm

Target Audience: Health professionals involved in the prescription and application of compression for lymphedema.

Maximum number of registrants for this workshop is 30. If workshop fills, additional registrants will be put on a waiting list in case of registrant withdrawal.

PLEASE PRINT:

Dr. ___ Mr. ___ Ms. ___ First Name _____ Last Name: _____

Mailing Address: _____

City: _____ Prov: _____ Postal Code: _____

Telephone: _____ Fax: _____

Employer: _____

Email Address REQUIRED: _____

FEES

Early: Before March 22, 2012

Late: After March 22, 2011

Workshop only, health professionals

\$52.50

\$65.63

Fees include 5% GST.

*Registration will **NOT** be processed until payment is received.*

Final Registration Deadline: *Registrations will be accepted until April 5, 2012.*

Method of Payment: Cheque ___ Visa ___ Mastercard ___ Card No: _____

Expiry date: _____ Name on card: _____

Authorizing signature: _____

(Cheques made payable to University of Saskatchewan – CPTE.)

FAX or mail registration and payment to:

Lymphedema Management Symposium
Continuing Physical Therapy Education
University of Saskatchewan
116 – 1121 College Drive
Saskatoon, SK S7N 0W3

Fax: (306) 966-1986

Ph: (306) 966-2043

Email: pat.tremaine@usask.ca

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