



“Evidence-informed massage therapy: using current knowledge to better your patient outcomes”

with Geoffrey Bove, DC, PhD and Susan Chapelle, RMT, MBA

Friday and Saturday, April 12th and 13th, 2019

Travelodge Hotel, 106 Circle Drive West, Saskatoon, Sask. S7L 4L6

8:30am – 5:30pm each day

16 primary credits

**Minimum class size 26, maximum 50
Deadline for early registration is February 19th
1 massage table per 2 registrants required**

Participants to wear loose and comfortable clothing in which you can treat and be treated and **bring a device larger than a phone for doing literature searches**

Name: _____

Mailing address: _____

City/province/postal code: _____

Daytime phone: _____ E-mail: _____

I will bring a massage table Yes [] No []

COST, including GST: MTAS members - early-bird: \$495.00 if registered by February 19th (\$570.00 after); Non-members – early-bird \$595.00 (\$665.00 after February 19th)

REGISTRATION AND PAYMENT: make cheques payable to MTAS and please check the appropriate box(es):

Register me at the **early-bird MTAS rate** of \$495.00 [] **regular MTAS rate** of \$570.00 []

Register me at the **early-bird non-MTAS rate** of \$595.00 [] **regular non-MTAS rate** of \$665.00 []

I am paying a non-refundable advance deposit of \$200.00 now, with the balance payable by March 21st []

I am paying the registration fee in full []

VISA/MC (circle one) Credit card #: _____ Exp. date: _____ CVC #: _____

Chq/MO #: _____ Therapist signature: _____

Payment enclosed: \$ _____ *MY SIGNATURE AUTHORIZES MTAS TO CHARGE MY CREDIT CARD WITH THE AMOUNT(S) ABOVE*

CANCELLATION POLICY: If cancelled prior to March 22nd – full refund less \$100 admin. fee; cancellations after March 22nd – no refund.

RETURN REGISTRATION FORM WITH PAYMENT TO:

MTAS - #22 - 1738 Quebec Avenue, Saskatoon, Sask. S7K 1V9

Phone: 306-384-7077

Fax: 306-384-7175

E-mail: mtas@saskmassagetherapy.com

Your registration cannot be confirmed without this registration form and payment. Confirmation will be sent via e-mail.

ABOUT THE INSTRUCTORS:



Geoffrey Bove, DC, PhD

Geoffrey M. Bove, DC PhD is a biomedical researcher and chiropractor, internationally recognized for his expertise in pain physiology and its treatment using manual therapies. His contributions to the literature include the first characterizations of nociceptors innervating the paraspinal structures, the dura, and the fascia of nerves. Perhaps his most seminal discovery is that in response to inflammation, nociceptor axons develop sensitivities to painful stimuli – this is the neurobiological basis for the radiating pain that so many people suffer in their legs, arms, and possibly viscera. Dr. Bove's original data papers and reviews have been published in major journals including Pain, Journal of Neurophysiology, Physiology, JAMA, The Lancet, and many more. Dr. Bove's current project seeks to evaluating the effects of manual therapy on the prevention and treatment of the symptoms and pathology that develop with tasks that involve repetitive motion and trauma. His academic skills blend with his other interests, which include fixing and restoring boats, homes, and whatever else presents a challenge.



Susan Chapelle, RMT, MBA

Susan Chapelle has been a small business owner for over 25 years. She is the owner of Squamish Integrated Health, a multidisciplinary clinic in Squamish BC and the founder of Aligned Collective, a not-for-profit community economic development accelerator that helps build local business capacity. She has just finished her second term as City Councillor for the District of Squamish and has completed her Masters' degree in Business Administration at Simon Fraser University. Susan has published extensively in the area of wound healing research as co-investigator with Dr. Geoffrey Bove, D.C, PhD at the University of New England. Recent work on a National Institute of Medical Science grant to study mechanisms of post-operative adhesion formation has been published at PLOS One. Her numerous publications and expertise on the subject of healing mechanisms and manual therapy have offered her the opportunity to travel globally as a keynote speaker and educator. She has just returned from Germany and India to both teach and present as keynote for various events.

Susan's recent opening of Aligned Collective in Squamish as a space where people can work together across sectors to resolve economic and social issues, as well as move into smart city solutions will be an exciting use of her Community Economic Development education at SFU. @squamishsusan

ABOUT THE WORKSHOP:

Delivered by Geoffrey Bove, DC PhD, and Susan Chapelle, RMT MBA, the primary goal of this workshop is to incite an interest in learning, to lead to better patient care. Current and historical biomedical research relevant to manual therapy will be presented. Participants will be facilitated in the use of current research, and its applications to improve clinical outcomes. Neurobiological mechanisms that support massage therapy practices including understanding of pain mechanisms and tissue healing timelines will be taught. Practical sessions will include discussion of best application of techniques, and outcomes related to current best practices.

These passionate global leaders in the field have 55 years of collective clinical and research experience!

WORKSHOP OBJECTIVES:

- Understand the basics of nociception and sensory physiology.
- Learn the basics of how to find and understand research literature.
- Understand how of surgical and medical interventions impact your practice.
- Knowledge of presentation patterns.
- Understand cellular-level healing mechanisms.
- Gain confidence and understanding sufficient to initiate safe treatment.
- Learn evidence-informed approaches to treatments.

DELIVERY: A variety of lecture, practical applications, interactive learning exercises, videos, and discussions. ****Each participant to bring a device (larger than a phone) for learning how to do literature searches.****

The lectures are drawn primarily from the primary biomedical literature, and in no small part the literature of the presenters. A suggested reading list will be provided. A few select journal articles will be provided.

HOTEL: A block of rooms has been reserved at the Travelodge Hotel for the nights of April 11th to 13th at the special rate of \$129.00 per night plus taxes. Call: 306-242-8881 for reservations and ask for the MTAS group block. Cut-off date for reservations at the workshop rate is March 15th, 2019.

Check in 3pm; check out 11am.

PARKING: ample free parking is available in the hotel lot.