Course Outline: Vestibular Rehabilitation for Physical Therapists

Dr. Michael Chiacchiero, DPT, Scott Auerbach, PT and Dr. Richard Newman, MD

Learning Objectives

1. Differentiate subjective complaints of dizziness (vestibular vs. cardiac, etc.)
2. Understand most common types of vestibular causes of dizziness and their presentation
3. Perform a complete vestibular assessment including tests to determine if symptoms are generated from the central or peripheral systems.
4. Develop a treatment plan for each diagnosis based on case studies presented
5. Identify appropriate interventions (physical and cognitive) based on patient presentation post concussion

Saturday Nov 18, 2017

8:00 Meet and greet - sign attendance sheets
8:15 Introduction: Scott Auerbach, PT, President MedTrak VNG, Inc.
8:30 Concussion - TBI by Richard Newman, MD
9:30 VNG test demonstration: Scott Auerbach, PT and Richard Newmann, MD
10:00 Balance Plate demonstration
10:20 Nutrition Break
10:30 Causes of Dizziness: Dr. Michael Chiacchiero, DPT
11:00 BPPV Lecture
11:30 BPPV Lab
12:30 Lunch
  1:30 Unilateral Vestibular Hypofunction
  3:30 Meniere’s Disease
  4:00 Nutrition Break
  4:10 Acoustic Neuroma
  4:25 Concussion
  5:55 Q&A
  6:00 End of Day 1

Sunday Nov 19, 2017

8:00 Lecture: Vestibular Exercises by diagnosis
8:30 Lab: Vestibular Exercises
9:30 Falls Prevention
10:30 Concussion
11:00 Break
11:15 Case Studies (development of treatment plans by patient presentation)
12:15 Case studies continued (development of treatment plans by patient presentation
  1:00 Q and A
  1:15 Exam and course evaluations
  2:00 Day 2 complete