



February 8, 2007  
Tansi and Greetings ,

We warmly invite you to participate in the Health Promotion Summer School, to be hosted by the Prairie Region Health Promotion Research Centre entitled, ***“Health Promotion ~A Holistic Instrument of Change.”*** It will be held once again here at the University of Saskatchewan from Monday June 25<sup>th</sup> to Thursday June 28<sup>th</sup>. This years gathering will build upon the success of the 2005 Summer School (please see our website for a full overview). The 2005 theme of *“Mental Health Promotion, Identity, Culture and Power”* was, at its core, having respect for human diversity through hearing people’s stories. It focused on increasing awareness of the cultural-power relations that shape experiences of mental well-being for different groups as well as developing interventions to deal with these.

Past participants overwhelmingly agreed that, “My personal learning goals were a good match with the objectives of Summer School 2005”. Here were a few of their observations:

*“Wonderful experience; very thought provoking...Thank you for choosing this theme & bringing exciting, dynamic speakers and participants together to learn/exchange ideas.”*

*“I found through this summer school my legs to stand on again. I felt I was floundering a lot at work but now I know my way of thinking is okay. I know what to do to handle day to day events.”*

*“The material provided and the binder set up were the best I’ve ever had. Well organized event and energizers were most welcome.”*

*“I was moved spiritually throughout the conference.”*

Through the evaluations we heard many insightful comments and great suggestions. One of which was, **“allow for more networking time and skill development time.”** It is with this feedback in mind that the 2007 Summer School planning committee is working hard to provide more space for experiential learning through workshop streams that will include, but not be limited to, the following:

- 1 Global links to local health outcomes
- 2 Using the arts in health promotion
- 3 Holistic approaches to population health promotion
- 4 Environmental impacts and human health
- 5 Health Inequities (ie: Aboriginal, immigrant and refugee populations)
- 6 Combing personal with social transformation work
- 7 Evidence based health promotion

Please find enclosed the 2007 Summer School registration form. We would appreciate it if you would post this up in your workplace. As our program unfolds we plan to keep you updated, so watch our website at [www.usask.ca/healthsci/che/prhprc](http://www.usask.ca/healthsci/che/prhprc). We look forward to seeing you there!

With warm regards,

Dr. Lewis Williams, Director, PRHPRC  
And the 2007 Summer School Planning Committee