



March 18-19, 2010

Travelodge Hotel & Conference Centre - Regina, SK

KEYNOTE SPEAKERS:

Terry Johnson

Neonatal Nurse Practitioner
Patient Safety Leadership Fellow
Founder of Lodestar Enterprises
Downers Grove, Illinois

Nancy Poole

Director, Research & Knowledge Exchange
BC Centre of Excellence for Women's Health
Research Consultant, Women & Substance Use
BC Women's Hospital
Vancouver, BC

The Perinatal Education Program is pleased to announce a Women's and Children's Health
PRE-CONFERENCE WORKSHOP on Wednesday, MARCH 17, 2010

Translating the Evidence: Best Practices for Human Milk Feeding

with Paula Meier & Diane Spatz

See back of brochure for details



Perinatal Education Program
University of Saskatchewan

Division of Continuing Professional Learning, College of Medicine
& Continuing Nursing Education, College of Nursing
University of Saskatchewan



Perinatal Outreach Education
Regina Qu'Appelle Health Region

PROGRAM

THURSDAY, MARCH 18, 2010

0745 **Registration and Continental Breakfast**

0815 **Opening Remarks**

0830 **Crucial Conversations in the Healthcare Workplace - Terry Johnson**

Learn to recognize & manage disruptive behaviour in clinical settings. Review critical conversations, retention & workplace dynamics, patient & staff safety issues, individual & organizational interventions fostering teamwork.

0945 **Refreshment Break and Displays**

1015 **Concurrent Sessions**

A. Special Requests in the Delivery Room: Balancing Consumer Demands with Safe Patient Care - Terry Johnson

Present an overview of patient/consumer driven childbirth & newborn care, what happens when conflicts arise with policies/procedures & the impact of elective inductions & C/S on outcomes for mothers & babies.

B. Asthma in Children – Nalini Pillay

Provide an overview of incidence & an update on diagnosis & management, new guidelines, therapy strategies, outcomes & lifestyle effects for children & their families.

C. Cardiovascular Health & Disease in Women – Lori Garchinski

Recognize signs & symptoms of disease. Understand management of risks, gender differences, treatment, outcomes, complication rates & effects of HRT.

D. Prevention & Management of Neonatal Jaundice – Moni Snell

Review identification, predisposing factors, monitoring, treatment, short & long term consequences of hyperbilirubinemia. Discuss implementation of new Canadian guidelines, tools for best practice & case studies.

1145 **Lunch**

1245 **There is Nothing Like Hope: Caring for Medically Fragile Children & Their Families – Jacque Tisher**

A story of inspiration & success.

1315 **Concurrent Sessions**

E. Ethical Issues in Obstetric & Neonatal Care – Terry Johnson

Discuss ethical principles, current issues, implied consent, caregiver concerns & case studies. Discover how to support families in crisis & resources.

F. Pediatric Diabetes Update – Tammy Beaudry & Linda Sullivan

Present risk factors, recognition & incidence of Type 1 & 2 diabetes & current guidelines for management, along with lifestyle implications.

G. Urogynecology Update – Amanda Scollan

Learn about urinary/reproductive problem signs & symptoms in women, diagnosis, management, new techniques, medical/surgical options, outcomes & resources.

H. Infant & Child Car Seat Safety – Linda Hiibner

Review current recommendations, teaching resources, nursing responsibilities & types/uses of available devices. Discuss safety standards & legal issues.

1445 **Refreshment Break and Displays**

1500 **Concurrent Sessions**

I. Unravelling the Mysteries of ‘Normal Birth’ – George Carson

Evaluate the risks & benefits of interventions. Discuss learning from past experience & assessing current best practice evidence. Examine controversies in care & outcomes (vaginal breech delivery, second stage management, post-date pregnancy, delayed cord clamping) & shaping the future.

J. Dermatology Problems in Children – Karen Holfeld

Identify common conditions & top triggers, incidence, genetic tendencies, symptoms & red flags, diagnosis, treatment & outcomes.

K. Top Cancers in Women & Options for Treatment – Donna Cargill

Discuss the incidence & mortality of the top 4 cancers. Review treatment options, the role of complementary & alternative therapies, impact on lifestyle, resources for patient support & information.

L. Late Preterms: A New Epidemic – Terry Johnson

Discuss physical & developmental disadvantages in these babies, discharge home & follow-up, immunization needs, outcomes, public & caregiver awareness & education.

1630 **Evaluations & Adjourn**

PROGRAM

FRIDAY, MARCH 19, 2010

0745 **Registration and Continental Breakfast**

0815 **Opening Remarks**

0830 **Women's Substance Use & Misuse – Nancy Poole**

Learn about prevention, treatment & harm reduction, Canadian perspectives, history, Programs, practice strategies, key issues & how to integrate support. Discuss the impact on women & their families.

0945 **Refreshments and Displays**

1015 **Concurrent Sessions**

M. Safe & Timely Management of Mother-Baby Discharge: Must You Go...Can't You Stay? – Terry Johnson
Decreasing hospital stay & increasing education needs are creating a 'perfect storm' for Mother-Baby care. Identify barriers & limitations in providing adequate education to families. Explore new strategies to assure safe & timely transition from health care setting to home.

N. Assessment & Management of Seizures in Children – Noel Lowry
Review how to evaluate seizures & how to distinguish from other events. Present medical management, alternative therapies for treatment (ketogenic diets, pulse therapy) & outcomes.

O. Engaging Women at High Risk & Supporting Change using a Motivational Interviewing Approach – Cristine Urquhart
Discover ways in which Motivational Interviewing has been integrated into health care for women & gain an understanding of how to effectively support health behaviour change using this evidence-based approach.

P. Emerging Infectious Organisms in Women, Children & Infants – Maurice Hennink
Examine prevalence & clinical manifestations of current disease threats & antibiotic resistant organisms, lessons learned from influenza & H1N1, management, vaccine preventable conditions & future perspectives.

1145 **Lunch**

1245 **Smoking Interventions for Girls & Women – Nancy Poole**

What works?

1315 **Concurrent Sessions**

Q. Pregnancy, Parenting & Substance Use – Cristine Urquhart & Nancy Poole
Discuss a multi-level approach to assisting women in childbearing years who use substances & share approaches for reducing harm. Recognize stigma & barriers to treatment & support.

R. Pain Management for Infants & Children – Carmen Johnson
Understand pediatric pain. Review assessment techniques & interdisciplinary interventions, along with best practice in hospital & community, palliative care issues & resources.

S. Bariatric Management – Regan Shercliffe
Present definitions, the prevalence of obesity, gender differences, co-morbidities, indications, risks & benefits of gastric bypass surgery & other therapy. Review outcomes, complications, case studies, multidisciplinary resources & the RQHR Pre-op assessment & Pre-surgical Program.

T. Universal Early Newborn Hearing Screening – Charlotte Douglas
Review the rationale for screening, incidence of hearing problems, recommendations & what's happening in Saskatchewan & Canada. A screening protocol & testing demonstration will be presented.

1445 **Refreshments and Break**

1500 **"Simplicity"... Reflections on the Heart & Science of Nursing – Terry Johnson**

Understand the new & emerging 'script' for nursing from a caring to thinking model. Review specific ways to demonstrate roles as managers, clinicians & educators to influence patient outcomes & remain a dominant force in health care.

1615 **Evaluations & Adjourn**

COURSE DESCRIPTION

This conference has been planned to meet the educational needs of nurses, nurse practitioners, midwives and health professionals interested in the health of women and children.

Conference Goal: To provide an update on recent developments and issues in Women's and Children's Health and to identify strategies to improve care for women, children and their families.

PRESENTERS

Tammy Beaudry

Diabetes Nutrition Educator
Regina Qu'Appelle Health Region
Regina, SK

Donna Cargill

Cancer Information Specialist
Canadian Cancer Society
Regina, SK

George Carson

Director, Maternal – Fetal Medicine
Head, Dept. of Obstetrics & Gynecology
Regina Qu'Appelle Health Region
Regina, SK

Charlotte Douglas

Audiologist
Saskatchewan Pediatric Auditory Rehabilitation Centre (SPARC)
Royal University Hospital
Saskatoon Health Region
Saskatoon, SK

Lori Garchinski

Director, Cardioscience Program
Regina Qu'Appelle Health Region
Regina, SK

Maurice Hennink

Deputy Medical Health Officer
Population & Public Health
Regina Qu'Appelle Health Region
Regina, SK

Linda Hiibner

Parent Educator
Neonatal Intensive Care Unit
Regina Qu'Appelle Health Region
Regina, SK

Karen Holfeld

Dermatologist
Regina, SK

Carmen Johnson

Medical Director, Palliative Care Services
Regina Qu'Appelle Health Region
Regina, SK

Terry Johnson

Neonatal Nurse Practitioner
Patient Safety Leadership Fellow
Founder of Lodestar Enterprises
Downers Grove, Illinois

Noel Lowry

Pediatric Neurologist
Royal University Hospital
Saskatoon, SK

Nalini Pillay

Pediatrician
Regina, SK

Nancy Poole

Director, Research & Knowledge Exchange
BC Centre of Excellence for Women's Health
Research Consultant, Women & Substance Use
BC Women's Hospital
Vancouver, BC

Amanda Scollan

Nurse Practitioner
Women's Health Centre
Regina Qu'Appelle Health Region
Regina, SK

Regan Shercliffe

Associate Professor, Psychology, University of Regina
Consultant, Surgical Assessment Clinic
Regina Qu'Appelle Health Region
Regina, SK

Moni Snell

Neonatal Nurse Practitioner
Neonatal Intensive Care Unit
Regina Qu'Appelle Health Region
Regina, SK

Linda Sullivan

Diabetes Nurse Educator
Regina Qu'Appelle Health Region
Regina, SK

Jacque Tisher

Executive Director, Hope's Home
Regina, SK

Cristine Urquhart

Provincial Training Coordinator
BC Centre of Excellence for Women's Health
Trainer, International Motivational Interviewing Network
Vancouver, BC



Women's & Children's Health Conference - Registration

Pre-Conference Day, March 17 - Registration

Both events at the Travelodge Hotel & Conference Centre, Regina, Saskatchewan

Registration Fee: (GST included in registration fee)

- 2 Day Registration** (Mar. 18 & 19) \$250.00
- 1 Day Registration** OR Mar. 18 \$135.00
(specify day) Mar. 19
- Pre-Conference Day** (Mar. 17) \$150.00
- Bundle all 3 days** (Mar. 17, 18 & 19) \$375.00
(Bundle available up to March 10 registration deadline)
- Student** (with proof of full-time status)
 - 2 Day Registration** (Mar. 18 & 19) \$110.00
 - 1 Day Registration** OR Mar. 18 \$60.00
(specify day) Mar. 19
 - Pre-Conference Day** (Mar. 17) \$75.00

Method of Payment: Total \$ _____
U of S GST # 11927 9313 RT0001

Cheque payable to: **Perinatal Education Program**
Please charge my: Visa Mastercard for \$ _____

Account Number _____

Expiry Date _____

Authorized Signature _____

Registration includes lunches, handouts and all educational sessions. Cost for the Pre-Conference is separate. Please notify us if you have specialized dietary needs which we will try to accommodate if possible.

Registration Application:

(Last Name) (First Name)

(Address)

(City) (Prov.) (Postal Code)

(Phone Number) (Fax Number)

(e-mail)

Your confirmation letter will be e-mailed to the above address. Please print clearly

Registered Nurse: Acute Care
 Public Health/Community
 Education
 Other: (specify) _____

RN (NP) / RN (NNP)

LPN

Student: (specify) _____

Midwife

Lactation Consultant / LC Candidate

Other Health Professionals: (specify) _____

• TO REGISTER •

ON-LINE: www.eventregistration.usask.ca

FAX: 306-966-7673

For registration questions / information call: (306) 966-7790

MAIL: **Women's & Children's Health Conference 2010**
 Perinatal Education Program, University of Saskatchewan
 Box 60001 RPO University, Saskatoon SK S7N 4J8

NOTE: Payment must accompany registration in order to be processed. Registration accepted up to & including the day of March 10, 2010

Concurrent Sessions

Please indicate your selection for the Concurrent Sessions

Thursday 1015 Concurrent Sessions

- A. Special Requests in the Delivery Room
- B. Asthma in Children
- C. Cardiovascular Health & Disease in Women
- D. Prevention & Management of Neonatal Jaundice* ..

Thursday 1315 Concurrent Sessions

- E. Ethical Issues in Obstetrics & Neonatal Care*
- F. Pediatric Diabetes Update
- G. Urogynecology Update
- H. Infant & Child Car Seat Safety

Thursday 1500 Concurrent Sessions

- I. Unravelling the Mysteries of 'Normal Birth'
- J. Dermatology Problems in Children
- K. Top Cancers in Women & Treatment Options
- L. Late Preterms: A New Epidemic*

Friday 1015 Concurrent Sessions

- M. Management of Mother-Baby Discharge*
- N. Assessment & Management of Seizures in Children ..
- O. Engaging Women at High Risk & Supporting Change ..
- P. Emerging Infectious Organisms

Friday 1315 Concurrent Sessions

- Q. Pregnancy, Parenting & Substance Use*
- R. Pain Management for Infants & Children
- S. Bariatric Management
- T. Universal Early Newborn Hearing Screening*

*Denotes sessions in which application for CERPS by the IBLCE pending.

GENERAL INFORMATION

ACCOMMODATION

**A block of rooms has been reserved for March 16-18, 2010 at: Regina Travelodge Hotel & Conference Centre
4177 Albert Street South, Regina, SK**

When booking, please specify the conference as:

"Continuing Nursing Education, Women's & Children's Health Conference, Block Code CGPG10 and Block ID 271529"

Contact the hotel at 1-306-586-3443 or Toll-free 1-800-578-7878. Fax to "Group Sales" at 1-306-586-6322.

www.travelodge Regina.com Special Conference Rates: \$119.95 single / double (standard)

Conference rates are in effect until **February 10, 2010** and subject to room availability. After February 10, all remaining guest rooms will be released for general sale and reservations accepted based on space and rate availability. **Book early to avoid disappointment.**

PARKING

There is complimentary parking available in the hotel parking lot.

PLANNING COMMITTEE

Donna Churko, Morag Granger, Jo-Anne Guillemain, Sharon Huber, Roxanne Laforge, Jana Lowey, Shirley Martin, Gail Rosseker, Lisa Schuba, Moni Snell, Tom Sorensen, Glenys Weisshaar

REFUND POLICY

Cancellations must be received in writing by **March 10, 2010**, and will be subject to a \$50.00 administration fee. **Refunds will not be considered on or after March 10, 2010** (Substitutions accepted with prior notice). The University of Saskatchewan and the Perinatal Education Program reserves the right to cancel or postpone a conference due to insufficient registration or circumstances beyond our control. This conference may be cancelled twenty (20) days prior to the conference date. Each registrant will be notified by telephone, with written notification and a full refund following. The Perinatal Education Program is not responsible for any other costs including, but not limited to, airline or hotel penalties.

FOR MORE INFORMATION

Roxanne Laforge, Perinatal Education Program

Continuing Nursing Education, College of Nursing / Continuing Professional Learning, College of Medicine, University of Saskatchewan, Saskatoon, SK
Telephone: (306) 966-7792 Fax: (306) 966-7673 email: roxanne.laforge@usask.ca

NEW

Pre Conference - March 17, 2010

TRANSLATING THE EVIDENCE: BEST PRACTICES FOR HUMAN MILK FEEDING

Paula Meier

Director for Clinical Research & Lactation in NICU
Professor of Women's & Children's Health Nursing & Pediatrics
Rush University Medical Centre, Chicago, Illinois

Diane Spatz

Chair in Nutrition & Associate Professor of Childbearing Families
University of Pennsylvania School of Nursing, Clinical Nurse
Specialist (with focus on lactation), Children's Hospital of Philadelphia.

0730	Registration / Continental Breakfast	1230	Lunch
0800	Welcome & Introductions	1315	Exclusive Human Milk Feedings in Very Low Birth Weight Infants
	The Evidence: Does Human Milk Really Make a Difference in Short & Long-term Outcomes for At-Risk Infants	1415	Supporting Lactation in Late Preterm Infants & Mothers: A Population at Risk
0915	Sharing the Science of Human Milk with Parents & Professionals in NICU	1515	Refreshment Break
1000	Refreshment Break	1530	Using Lactation Technology to protect Maternal Milk Volume & Breastfeeding for At-Risk Mothers & Infants
1030	Using Human Milk in Women's & Children's Hospitals: Changing Institutional Culture & Removing Barriers	1630	Questions & Discussion
1130	Human Milk & Transition to Breast in Infants Requiring Surgery	1645	Adjournment & Evaluations

Application will be made for 7.25 CERPS from the International Board of Lactation Consultant Examiners (IBCLE).

EDUCATIONAL GRANTS

Major educational grants from the following are gratefully acknowledged:



Abbott



Medela



Saskatchewan Prevention Institute