



PRELIMINARY PROGRAM
FULL BROCHURE TO FOLLOW

March 18-19, 2010
Travelodge Hotel & Conference Centre - Regina, SK

The Perinatal Education Program is pleased to announce a Women's and Children's Health
Pre-CONFERENCE WORKSHOP on Wednesday, MARCH 17, 2010

Translating the Evidence: Best Practices for Human Milk Feeding

FEATURING:

Paula Meier, RN, DNSc, FAAN

Director for Clinical Research & Lactation in NICU
Professor of Women's & Children's Health Nursing & Pediatrics
Rush University Medical Centre, Chicago, Illinois

Diane Spatz, PhD, RNC, FAAN

Chair in Nutrition & Associate Professor of Childbearing Families
University of Pennsylvania School of Nursing Clinical Nurse Specialist
(with focus on lactation), Children's Hospital of Philadelphia.

Drs. Paula Meier and Diane Spatz will focus on providing workshop participants with clinically proven, evidence based methods for successfully establishing human milk & breastfeeding programs that target at-risk infants, including the preterm, late-preterm and very low birthweight infant and infants requiring surgical interventions. Discussions will include how to use the evidence to remove barriers and change institutional culture to promote breastfeeding for at-risk infants.

0730	Registration / Continental Breakfast	1230	Lunch
0800	Welcome & Introductions	1315	Exclusive Human Milk Feedings in Very Low Birth Weight Infants
	The Evidence: Does Human Milk Really Make a Difference in Short & Long-term Outcomes for At-Risk Infants	1415	Supporting Lactation in Late Preterm Infants & Mothers: A Population at Risk
0915	Sharing the Science of Human Milk with Parents & Professionals in NICU	1515	Refreshment Break
1000	Refreshment Break	1530	Using Lactation Technology to protect Maternal Milk Volume & Breastfeeding for At-Risk Mothers and Infants
1030	Using Human Milk in Women's & Children's Hospitals: Changing Institutional Culture & Removing Barriers	1630	Questions & Discussion
1130	Human Milk & Transition to Breast in Infants Requiring Surgery	1645	Adjournment & Evaluations

Application will be made for 7.25 CERPS from the International Board of Lactation Consultant Examiners (IBCLE).

The Perinatal Education Program acknowledges an unrestricted educational grant by Medela Inc.



Registration Fee:

Pre-Conference Day (March 17, 2010)	\$150.00
Pre-Conference AND Conference (March 17, 18 & 19, 2010)	\$375.00

PRESENTED BY:



For More Information Call:
Perinatal Education Program CNE/CPL
(306) 966-7790
or email perinatal.education@usask.ca