



RESEARCH NEWS

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U of S Researchers Produce Video about Hope in Palliative Care Patients

The University of Saskatchewan has launched a new video, *Living with Hope*, with the goal of fostering hope among palliative care patients and their caregivers.

The video, shown at a special screening September 9, is based on a research study conducted in the Sunrise Health Region and contains footage taken from interviews with palliative care patients and their families.

“In this video, we see palliative patients, their families and health care professionals describing the experience of hope,” says Wendy Duggleby, an associate professor in nursing.

“We learn how people refocus their hope at the end of life. When someone is no longer focusing on a cure, they might focus on other things – a good future for their loved ones, on living their remaining days to the fullest, on not suffering and having a peaceful death. The fact is that hope is still there, it never goes away.”

The *Living with Hope* video will now become part of a current study where it will be used as one of several tools for encouraging hope in terminally ill patients receiving palliative care. The study is being undertaken by Wendy Duggleby, Karen Wright, Lesley Degner and Allison Williams, and is funded through the Saskatchewan Health Research Foundation.

The research team is also studying hope in family caregivers, and will soon be looking at the experience of hope among health professionals who care for palliative patients.

If you wish to purchase a copy of the video (\$29.95) please contact the University of Saskatchewan Division of Media and Technology at 966-4261.

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