An **INTERPROFESSIONAL CONFERENCE** for health care providers including, but not limited to, physicians, nurses, nurse practitioners, pharmacists, social workers, occupational therapists, physical therapists and other professionals who work with and support older adults in acute, community or long term care, in urban, rural and remote locations.

**Conference Themes Include:**
- Core Competencies: Back to Basics
- Interprofessional Team Function
- Innovative Service Delivery

**Keynote Dr. Samir Sinha**
Director of Geriatrics
Mount Sinai & University Health Network Hospitals
Toronto, ON

**CONFERENCE REGISTRATION NOW OPEN!**
Early Bird rates extended to March 10, 2017

usask.ca/cme | usask.ca/cpte | usask.ca/nursing/cedn
306.966.7787 306.966.2043 306.966.8363

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Division of Continuing Medical Education, University of Saskatchewan for up to 9.5 Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Medical Education Division, University of Saskatchewan for up to 9.5 credit hours.

Participation in this conference may be included as part of the continuing education and competence programs established by individual professional associations.

**Offered Jointly by:**
- Continuing Medical Education (CME)
- Continuing Physical Therapy Education (CPTE)
- Continuing Education and Development for Nurses (CEDN)
The 2017 Older Adults Conference "Transforming the Care of Older Adults through Interprofessional Teams," is an interprofessional conference for health care providers including, but not limited to, physicians, nurses, nurse practitioners, pharmacists, social workers, occupational therapists, and physical therapists. The overall goal of the conference is to provide a forum for understanding the interprofessional management of the needs of older adults throughout the continuum of care in urban, rural, northern and remote locations.

The conference will include plenary sessions on the interprofessional approach to patient/client/family centered and appropriate care for older adults. Concurrent sessions will address topics such as pain assessment and management, cultural considerations, assessment and care for medically complex and frail older adults, interprofessional care teams, and end of life care. Concurrent sessions will provide small group, interactive, and case based discussions.

Conference Objectives

Participants in this conference will be able to:

- Discuss current issues and controversies in the care of older adults across the continuum of care.
- Identify the factors that contribute to continuity of care for older adults.
- Define best practice treatment for older adult health challenges.
- Explain the value of the interprofessional approach to the care of older adults.
- Apply the interprofessional approach to the care and support of older adults across the continuum of care.
- Determine and assess the ethical issues unique to the care of older adults.
- Explain innovative care approaches relevant to the health and safety and support of older adults.

Target Audience

- The target audience for the conference includes a wide scope of individuals who are involved in the care of older adults in community, acute care, or institutional setting. This includes, but is not limited to, nurses, physical therapists, physicians, pharmacists, occupational therapists, speech-language pathologists, and social workers, and will be of interest to a number of other professionals who work with older adults such as researchers, representatives from government or funding agencies, assessor-coordinators, recreation therapists, paramedics, personal care workers, long term or acute care aids, chiropractors, dietitians, exercise therapists, massage therapists, psychologists, and members of organizations supporting older adult wellness and public health.
PROGRAM

Friday April 7, 2017
MORNING THEME: CORE COMPETENCIES

Chairperson: TBA

0730 Registration, Continental Breakfast, & Displays

0815 Introduction & Welcome - Ministry of Health – TBA

0830 Family Story: A Tribute to Mrs. Sarazine Ratt – Elder Yvonne McIntyre, with introduction by Patrick Blais

0845 Plenary I Core Interprofessional Competencies for Gerontology - Dr. Samir Sinha
At the conclusion of this activity participants will be able to:
• TBA

0940 Relocation Break

0945 Concurrent Sessions – A

A-1 Purposeful interactions: The road to great care is paved with good connections – Elaine Feltis and Vanessa Ripley
At the conclusion of this activity participants will be able to:
• Explain what purposeful interactions are and how they impact the experience of an individual in care.
• Explore and challenge assumptions about how healthcare is provided, moving from being task focused to relationship and person centered.
• Recognize that establishing meaningful relationships through purposeful interactions supports better than expected care and enhanced job satisfaction.

A-2 Aspirations for Aging in Place: Implications for the Healthcare of Rural and Remote Older Adults – Dr. Sarah Oosman & Dr. Sylvia Abonyi
At the conclusion of this activity participants will be able, for rural/remote seniors, to:
• Provide examples of aspirations for aging in place among diverse older adults.
• Define cultural competence and explain its significance for healthcare of older adults.

A-3 Pain Assessment and Management with Older Adults – Dr. Susan Tupper, Strategy Consultant, Pain Quality Improvement and Research, Saskatoon Health Region
At the conclusion of this activity participants will be able to:
• Describe a range of pain assessment strategies for older adults including self-report and behavioral tools.
• Design a pain care plan for an older adult with chronic pain utilizing the 4 P’s of pain management framework

A-4 Mental Health and Aging – Dr. Lilian Thorpe and Beverly Greenwood
At the conclusion of this activity participants will be able to:
• Identify typical changes in emotional and cognitive functioning with age.
• Explain the presentation of mental disorders in older adults.
• Summarize management issues in the treatment of mental disorders in older adults.
1030  Refreshment Break and Displays

1100  Concurrent Sessions – Set A Repeated

1145  Relocation Break

1150  Plenary II Comprehensive Geriatric Assessment – Dr. Samir Sinha

At the conclusion of this activity participants will be able to:

- TBA

1230  Lunch

Friday April 7, 2017
AFTERNOON THEME: TEAM FUNCTION
Chairperson: TBA

1325  Plenary III Understanding your Neighborhood Data to Design Programming for seniors – Marjorie Ingjaldson

At the conclusion of this activity participants will be able to:

- Understand the value of data to build interdisciplinary teams
- Use data to link services between hospitals and community

1355  Geriatric Services Resource Team - Outreach Support in Southern Saskatchewan – Cathy Billet

At the conclusion of this activity participants will be able to:

- Describe the value of an interprofessional team in supporting the needs of older adults and optimizing function.
- Describe the factors that contribute to continuity of care in people with dementia.

1415  Questions

1425  Relocation Break

1430  Concurrent Sessions – B

B-1  Developing teams in rural and remote areas – Jacque Fawcett-Kennett, Director of Twin Valleys Network

At the conclusion of this activity participants will be able to:

- Apply the interprofessional approach in rural and remote communities on a three-fold spectrum, including frontline employees, leadership team and the system as a whole.
- Describe the journey of team development through open communication, employee dedication and building trust between health care providers in rural and remote communities.

B-2  Maintaining Independence & Aging in Place: Age Friendly and Dementia Friendly Communities – Holly Schick, Executive Director Saskatchewan Senior's Mechanism, Joanne Bracken, CEO Alzheimer's Society Saskatchewan
At the conclusion of this activity participants will be able to:

- Identify key domains that older adults highlight as important to healthy aging in place in their communities
- Understand the contribution of age-friendly and dementia friendly communities initiatives in supporting healthy aging in place
- Identify the contribution of interprofessional teams in addressing health and non-health interventions to support aging in place.

**B-3  Frailty, Falls and Fear: A Team Approach to Addressing Frailty and its Impacts – Saskatoon Falls Consortium:** Daphne Kemp, Regional Fall Reduction and Injury Prevention Coordinator, SHR, and Dr. Cathy Arnold, Professor School of Physical Therapy

At the conclusion of this activity participants will be able to:

- Summarize the impact of frailty on the older adult and how a team approach to research and care can help address these impacts.

**B-4  End of Life Care – Dr. Rae Waslak**

At the conclusion of this activity participants will be able to:

- Understand patient preferences in end of life care planning
- Develop an approach to discussing goals of care with patients and their families.

1515  *Refreshments and displays*

1545  Concurrent Sessions – Set B Repeated

1630  Adjourn

**Saturday, April 8, 2017**

**MORNING THEME: INNOVATIVE SERVICE DELIVERY**

Chairperson: TBA

0730  *Continental Breakfast & Displays*

0815  Welcoming Remarks

0820  **Plenary IV Transitional Care and Intensive Home Health Care for the Medically Complex and Frail Elderly – Dr. Patricia Hizo-Abes**

At the conclusion of this activity participants will be able to:

- Review the challenges of managing the frail elderly with chronic illnesses
- Define transitional care, intensive home health care, palliative and supportive care
- Introduction of Seniors First Integrated Health Services Program – Role of the Interdisciplinary Team

0915  *Relocation Break*

0920  Concurrent Sessions - C

**C-1  Traditional health care in Indigenous communities - Larry Oakes and Darlene Rude, Eagle Moon Health Office**
At the conclusion of this activity participants will be able to:

- Describe the present state of health for First Nations and Metis despite great advancements in health care and distinct worldviews of health and wellness.
- Review the importance of collaboration across jurisdictions and ways of wellness to ensure holistic culturally competent care as well as the barriers and enablers that can be considered when assessing current systemic and organizational cultures.
- Share a traditional teaching where the hearer will hear and the seer will see something of value to advance their respective organizational goals of transforming the care provided to older adults.

C-2  **Telehealth for remote delivery of support: Video conferenced support group for rural spouses of persons with young onset dementias – Dr. Megan O’Connell**

At the conclusion of this activity participants will be able to:

- Discuss changes in support group facilitation behaviors as a result of delivery over videoconferencing medium.

C-3  **Caregiver Support: First Link Program – Alice Germann**

At the conclusion of this activity participants will be able to:

- Identify services and supports available to the person with dementia and their caregivers.
- Be familiar with the First Link Program referral process.
- Understand the partnership with the Alzheimer Society, linking individuals with community Information, services and support.

C-4  **Incorporating New and Old Service Models to Providing Pharmacy Services in Rural and Remote Northern Communities – Ryan Haggerty BSP and Tracy Price BSP**

At the conclusion of this activity participants will be able to:

- Explore how the grassroots approach still works and how you may implement it into your community.
- Identify how technology may gap the distance between care providers and older adults.
- Discuss how building relationships among health care professionals, caregivers and family members improves delivery of pharmaceutical care.
- Explain what medication adherence programs are, how they work and how they can benefit older adults in remote areas.

1005  **Refreshments and Displays**

1025  **Concurrent Sessions – Set C Repeated**

1110  **Relocation Break**

1115  **Plenary V Dr. Jenny Basran: Transition between acute care and the community: intermediate care**

At the conclusion of this activity participants will be able to:

- TBA

1215  **Closing Remarks**

1230  **Adjourn**